



We are a online cycling community to promote health and wellbeing in the Emergency Services, NHS, Armed Forces & their supporters. We aim to raise money for charities by completing cycling events. **You can join us.**

13th - 16th June 2024

After the success of the London to Paris bike ride in June 2023, we will be completing a Belgium Ride, our route will include iconic cycling climbs and cobbles. Thanks to Sam Woodward and Sporta Bike who has put the route together

Day 1 - London to Dover - The start will be in South London England. The route skirts the North Downs and covers 127km with 1700m of ascent. Much of the climbing includes short and sharp ascents synonymous with the region.

Day 2 - Calais to Kortrijk - Starts with a pan flat 52km heading towards the Belgian border. The group will ride through the town of Poperinge, but rather than head directly to Ypres we will head south to the 'Kemmelberg' which is the feature climb of the Ghent Wevelgem spring classic. Riders can opt to do just one ascent up the Belvedere ascent or loop back and try the Ossaire side too. Everyone then heads to Ypres. After lunch the route heads East to Tyne Cot cemetery and then back south to our accommodation.

Day 3 - Kortrijk to Brussels - Phoenix Peloton does 'Tour of Flanders'. At 109km with 900m of climbing, nothing about today looks particularly challenging. Today is a brilliant ride, as we tackle some of cycling's most iconic roads. After 27km we hit the most famous of them all - Oude Kwaremont - and this is quickly followed by the Paterberg (short and nasty, but can be ridden in the gutter which makes it much easier!) - Riders can opt out of the early cobbled ascents if they wish, or add the Koppenberg if they want to complete the 'Flanders hat trick' of iconic climbs. We will stop in the market town of Oudenaarde before we head east to Geraardsbergen this market town is home to the Muur with its iconic chapel at the top. It is a very special place to ride a bike. From there we head to the last cobbled sector of the Bosberg and then on to Brussels.

Day 4 - Brussels to London - You will return to London on the Eurostar to be reunited with your bikes at St Pancras.

Package details

3 nights bed and breakfast accommodation based upon two sharing a twin room

GPX routes

Water, Lunch and Snacks during the day

Dover to Calais Ferry on Day 1

Return travel on the Eurostar from Brussels to London on Day 4

Support Van (s) for the duration of your trip

Bike transported back to St Pancras on day 4

£535pp for standard package

£610pp for a single room

Free Jersey

Please message Colin.Nye@Met.Police.UK or you can message us on Twitter or Strava for further details Follow us on Twitter @PhoenixPeloton
Strava - <https://www.strava.com/clubs/1064937>